



Sunday Morning Café: Catholic Faith Exploration



*A time to build friendships with your parish family:
Join us between the Sunday morning Masses!
No reservations or materials needed. Come
whenever you can.*

Spring 2023 Session:

This Session we will enjoy the DVD presentation of Fr. Albert Haase: priest, friar, speaker and retreat master. Based on his best-selling book ***Catching Fire, Becoming Flame: A Guide for Spiritual Transformation*** as well as his workshop on spirituality, Fr. Albert shares his Franciscan wit and spiritual wisdom as he helps us to know God and ourself. You'll see why he is invited all over North America to speak and give retreats!

We'll continue with Fr. Albert with the DVD based on his follow-up book, ***Keeping the Fire Alive***, to help us in our spiritual battle when the going gets tough, as it always does.

In between the above two, we'll watch and discuss ***The Crucifixion: A Marital Act, A Priestly Act*** with John Bergsma, for great reflections for the beginning of Lent.

Schedule

***Catching Fire, Becoming Flame* with Fr. Albert Haase**

- 1/15 The Spiritual Journey as a Process of Transformation
- 1/22 Having a Healthy Image of God
- 1/29 Principles of Prayer
- 2/5 The Examen
- 2/12 Decision-Making and Discernment
- 2/19 The Challenge of Forgiveness

[2/22 --- Ash Wednesday]

***The Crucifixion: A Marital Act, A Priestly Act* with John Bergsma**

- 2/26 Pt. 1
- 3/5 Pt. 2

***Keeping the Fire Alive* with Fr. Albert Haase**

- 3/12 Near Occasions of Grace and Spiritual Direction
- 3/19 Resisting Temptations
- 2/26 The Four D's of the Spiritual Life
- 4/2 **Palm Sunday – no class**
- 4/9 **Easter Sunday – no class**
- 4/16 Making Sense of Suffering
- 4/23 Living in the Present Moment
- 4/30 The Agenda of the Ego

**Sunday mornings at
9:45 – 10:45 a.m.
in Mother Teresa Hall
(next to the church)**

**Helping each other
become better disciples!**