

ADVENT 2020

DECEMBER

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

29 *1st Sunday of Advent*
Light the first candle on your Advent wreath.
Activity: Have a festive meal with family or socially-distant friends.



30
Spend a few minutes in silent prayer.
Activity: Make a Jesse tree: bit.ly/2SBn1Le



1
Read passages from a favorite spiritual book.
Activity: Do a secret act of kindness for someone.



2
Pray for a family member or friend going through hard times.
Activity: Donate food to a soup kitchen or pantry for the holidays.



3
Read Matthew 7:21, 24-27, the story of the man who built his house on the rock.
Activity: Listen to someone who needs to talk.



4
Read Matthew 9:27-31, where Jesus heals two blind men.
Activity: Go out with your family to look at Christmas lights and decorations.



5
Go to the sacrament of reconciliation.
Activity: Call an elderly neighbor or send cards to a nursing home.



6 *2nd Sunday of Advent*
Light your second Advent candle.
Activity: Today is the Feast of St. Nicholas! Have children leave out shoes and put small gifts in them.



7
Read Luke 5:17-26, where Jesus heals the man who was paralyzed.
Activity: Clean out clutter and donate warm clothing to a homeless shelter.



8 *Solemnity of the Immaculate Conception*
Attend Mass to honor this holy day of obligation.
Activity: Celebrate Mary's purity with a meal and dessert of all white foods.



9
Read about St. Juan Diego for his feast day today.
Activity: Have tamales for dinner, or make Mexican hot chocolate: bit.ly/2SYI77F.



10
Read Matthew 11:11-15, where Jesus speaks about St. John the Baptist.
Activity: Send Christmas cards and include your parish priest and local women religious.



11
Practice patience despite holiday crowds.
Activity: Attend a live Nativity or other Christmas event.



12 *Feast of Our Lady of Guadalupe*
Attend a Guadalupe celebration at a local parish.
Activity: Learn about today's feast: bit.ly/1eY8Chy.



13 *3rd Sunday of Advent*
Light the third candle on your wreath.
Activity: It's the feast of St. Lucy! Make a traditional Lucia cake: bit.ly/2AghSv.



14
Spend time in adoration of the Blessed Sacrament or silent prayer.
Activity: Call a relative or friend who lives far away.



15
Be kind to someone you find hard to like.
Activity: Make a Christmas craft, or color with your children.



16
Read Matthew 21:28-32, the parable of the two sons.
Activity: Put out food for birds or donate food to an animal shelter.



17
Read Matthew 1:1-17, about the genealogy of Jesus.
Activity: Watch a favorite Christmas movie or TV special.



18
Read Matthew 1:18-25, about the birth of Jesus.
Activity: Make Christmas cookies and leave them at the door of a friend or neighbor.



19
Read Luke 1:5-25, about Zechariah and Elizabeth.
Activity: Sing Christmas carols at home or go caroling outdoors with loved ones.



20 *4th Sunday of Advent*
Light your final Advent candle.
Activity: Read Luke 1:26-38, about the Nativity.



21
First Day of Winter! Thank God for the beauty of the seasons.
Activity: Roast marshmallows and make hot chocolate with family.



22
Say special prayers for family and friends who are traveling.
Activity: Reflect on the readings preparing us for the arrival of Christmas.



23
Read Luke 1:57-66, on the naming of St. John the Baptist.
Activity: Clean and prepare your home for holiday celebrations and offer it as a prayer.



24 *Christmas Eve*
Attend a children's Mass or go to Midnight Mass.
Activity: Light candles and pray in front of the Nativity scene in your home.


